

# Wellbeing walking group

## Every Tuesday at 10am

**Meet up location:  
Central Park car park**



All abilities welcome. We look forward to seeing you!

The walk is around the park and lasts approximately 45 minutes.

Important Disclaimer attached.  
Please read before joining our walks.  
Your safety is our priority, but your participation is your responsibility.

health  
**Junction**

  
**MORETON  
& MEOLS**  
Primary Care Network

